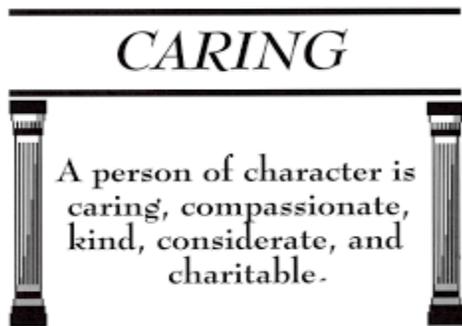


The Character Chronicle

"Character Counts, All the time!"

November 7, 2016

3rd 6 weeks Character
Trait: CARING



This six weeks, because of the holiday season that is quickly approaching we are going to focus on the pillar of caring. The color we use represents caring is red. Karina, the kangaroo, is the animal that represents this character trait because she shares kindness, compassion, and empathy with everyone she meets.

In character class, I teach the students that the definition of caring means: helping others unconditionally, to have empathy, for others, and to show compassion for others. I

In addition, to caring, we spend a lot of time talking about empathy, which we describe as being able to understand how someone else is feeling.

Character Song:

Fill A Bucket

(Tune: Are You Sleeping?)

By: Barbara Gruener

Fill a bucket, fill a bucket,
It's easy to do. It's easy to do.
I can fill a bucket, I can fill a bucket,
so can you. SO can you.

Fill a bucket, fill a bucket
Help someone in need. Helps someone in need.
We can all fill buckets, we can all fill buckets,
By doing good deeds. By doing good deeds.

Books with a Caring theme:

Somebody Loves You, Mr. Hatch by Eileen Spinelli

Have You Filled a Bucket Today? By Carol McCloud

Heartprints by P.K. Hallinan

The secret of Saying Thanks by Douglas Wood

Great Joy by Kate DiCamillo

The Kindness Quilt by Nancy Wallace

The Giving Tree by Shel Silverstein

³³ If you want others to be happy, practice compassion. If you want to be happy, practice compassion. ³³ (The Dali Lama)

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Great Discussion and Focus Questions:

1. Do you think that you can learn to be a kind and caring person or do you think you are born that way?
2. What do you think makes us want to be kind to others? What motivates us to do so?
3. DO you think we live in a caring society? Why or why not? How can we make this a more caring place to live?

*** Please see the attached sheets for more lesson ideas.*

SYNONYMS for CARING:

Concern, Considerate, Look after, Protect, Provide for, Respect, Treasure, Watch over

ANTONYMS for CARING:

Disregard, Ignore, Inconsiderate, Insensitive, Neglect, Not Care, Hurtful, Harsh, Cruel, Mean



You are walking with your friends on the way to play football, when you see a kindergarten student who is having trouble tying a shoe. Should you stop and help the younger student? What will your friends think about it? Does it matter?



³³ If you want others to be happy, practice compassion. If you want to be happy, practice compassion. ³³ (The Dalai Lama)